



# Central Kitchen Volunteers

If you like to be in the kitchen and chop and chat, this is the place for you! Our Central Kitchen, located in Pittsburg, Ca, is where it all happens, the daily 750 meals are prepared by our Head Chef for transport to the five dining rooms in Contra Costa County.

Central Kitchen volunteers assist with meal preparation:

## General Responsibilities:

- Check in with the Head Chef upon arrival, sign in
- Cleanup Work Area when finished with each task & before you leave for day
- Follow Kitchen Policies & Procedures
- Check out with the Head Chef when you leave

## Food Preparation:

- Clean & Chop Produce
- Prepare raw & cooked meats
- Prepare hot buttered breads
- Make green/fruit salads as needed
- Roast vegetables, boil potatoes, make bread crumbs, grate cheese

## Cook's Assistant:

- Open cans
- Prepare herbs/seasoning
- Cook components of final entrée
- Pan food for cooling and serving