



10 Week Culinary Arts Program

Sample Curriculum

- Week 1: Safety and Sanitation, Knife Skills**
- Week 2: Knife Skills and Salad Preparation**
- Week 3: Soups and Sandwiches**
- Week 4: Roasting and Sautéing**
- Week 5: Braising and Poaching**
- Week 6: Resume and job search skills**
- Week 7: International Cuisine**
- Week 8: International Cuisine**
- Week 9: Mystery Basket (challenges in the kitchen)**
- Week 10: Buffet and Banquet Service, Graduation**

Graduation Ceremony and Dinner

Students prepare and serve plated dinners to guests.

Students are invited to invite family and friends for their achievement and some guests may attend from Contra Costa Community