



Central Kitchen Volunteers

If you like to be in the kitchen, chopping and chatting, this is the place for you! Our Central Kitchen, located in Pittsburg, CA, is where the meal begins. Loaves and Fishes' hot nutritious meal is prepared by our Chef and about 1400 meals are transported to the dining rooms in Contra Costa County.

Volunteer hours are 9:00am-12:00 noon, Monday-Friday and 7:30-10:30am Saturdays and Sundays.

Central Kitchen volunteers assist with meal preparation and other activities, such as:

General Responsibilities:

- Sign in with Head Chef upon arrival
- Clean up work area when finished with each task and before you leave for day
- Follow kitchen policies and procedures

Food Preparation:

- Clean and chop fresh produce
- Prepare raw and cooked meats
- Slice and prepare hot buttered breads
- Assemble green and fruit salads
- Roast vegetables, boil potatoes, make bread crumbs, grate cheese, etc.



Cook Assistant:

- Open cans
- Prepare herbs/seasonings
- Cook components of final entrée