



## Volunteering with Loaves and Fishes of Contra Costa (updated July, 2022)

**About Us:** Loaves and Fishes is a 501(C)3 nonprofit founded in 1983. **The mission of Loaves and Fishes of Contra Costa is to provide community-based food programs and partner services that focus on basic needs.**

We are the largest provider of hot meals to the hungry in Contra Costa County, serving over 251,000 hot meals this past fiscal year in our dining rooms.

- **Minimum age to serve with a supervising adult is age 12. Volunteers must be able to stand between 3-4 hours, lift up to 25 pounds, and assist with clean up.**
- **ALL volunteers must be fully vaccinated** and submit documentation prior to volunteering.

**Dress Code:** Long pants, closed-toe shoes, no sleeveless shirts, long hair up or back. This is a county health code, and we must comply otherwise a volunteer will be asked to leave. Masks are required for all staff and volunteers at this time, so we encourage you to bring a comfortable one with you. If not, one will be provided. Also, if you choose to wear your own apron, please ensure that it's plain, otherwise, one will be provided.

### LOCATIONS AND SHIFTS

#### SEVEN DAYS PER WEEK AT THE FOLLOWING LOCATIONS:

- **Martinez:** 835 Ferry Street (corner of Ferry and Green), 9:30am to 1:00pm
- **Pittsburg:** 1415 Simpson Court (off East Leland), 9:30am to 1:00pm
- **Central Kitchen:** 510 Garcia Ave, Unit H, **9am to 12pm Monday to Friday**  
**OR 7:30am to 10:30am Saturdays and Sundays**

## **MONDAY THROUGH FRIDAY AT THE FOLLOWING LOCATIONS:**

- **Oakley:** 1403 N. Main Street, 10:15am to 1pm
- **Antioch:** 403 W. 6<sup>th</sup> St (American Legion Hall), 10am to 1pm
- **Walnut Creek/Trinity Center:** 1888 Trinity Ave, 11:00am to 1:30pm

Volunteers are placed by the Volunteer Manager based on need in dining rooms, interest, and availability. Shifts are subject to change as needed. At times we may move/cancel your volunteer shift to accommodate certain Corporate Volunteers, National Charity League or for Week of Caring.

New volunteers are given an orientation and will be supervised by the Dining Room Manager upon arrival. Please view our website for other important information to familiarize yourself with our organization.

### **Specific Volunteer Duties:**

- Notify dining room manager of arrival, wash hands and put gloves on, then ask dining room manager for specific duties
- Light food preparation: green salad, fruit salad, bread/butter
- Serve meal in to-go containers
- Assist in cleanup

**Possible duties that may also be assigned:** Unload vehicles when donated groceries arrive, roll silverware, replenish meals from the kitchen, etc.

Please do not bring purses or other valuables when you volunteer as we cannot be responsible for lost items. If you have specific questions, please email us at: [info@loavesfishescc.org](mailto:info@loavesfishescc.org).

**Thank you! We look forward to having you volunteer with us to help feed the hungry of Contra Costa County**